

SA Breast Care Nurses Network

Breast Prosthesis: A Guide to Being Fitted

When should I be fitted for a Prosthesis?

You can be fitted whenever you feel comfortable, at any time after your surgery. Timing makes no difference to wound healing

Does it matter if I still have a seroma (fluid collection)?

No – as long as you are comfortable. It is probably advisable to have a fitting after a recent drainage of fluid

Does it matter what my wound looks like or what shape my incision is?

No - Mastectomy incision shapes may vary. This will not impact on your fitting

Where should I buy my Prosthesis?

Any recognized prosthesis supplier/ fitting service can fit you. There are many options available and the ultimate choice is yours. A Breast Care Nurse can advise you

What if I had only a part of my breast removed?

Yes – you can be fitted with a partial prosthesis if needed. A Breast Care Nurse can advise you

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Is there financial assistance to purchase a prosthesis?

Yes – A reimbursement scheme is available through Medicare.

Ask your Breast Care Nurse for advice. Your Medicare office or the Medicare Website has printed information on their scheme.

<http://www.medicareaustralia.gov.au/public/services/breast-prostheses.jsp>

Your Breast Care Nurse is.....

Contact Number.....

This guide has been developed by the South Australian Breast Care Nurses Network to assist women when making decisions about external breast prostheses. It is a guide only and is designed to be used in conjunction with advice from your Breast Care Nurse.